



ARBenefits Newsletter

Q2 | 2023 | Retiree

UPDATE YOUR CONTACT INFORMATION

Make sure UnitedHealthcare has your current phone number and address on file so you are connected to all the additional benefits offered by the ARBenefits Group Medicare Advantage (PPO) plan, such as:

- UnitedHealthcare HouseCalls
- Fitness program
- Online access to your:
 - Claims, prescriptions, and Explanation of Benefits (EOBs)
 - Benefit information, including the provider search directory
 - Health & Wellness content, including:
 - Renew magazine and Renew rewards
 - Recipes, brain games and learning courses
- Plus, receive exclusive emails about your plan throughout the year

UPDATING YOUR INFORMATION IS SIMPLE!



ONLINE

Register or log-in to your plan website and go to Account/Profile Account Settings. To register, have your member ID card handy and follow these 3 simple steps:

1. Visit retiree.uhc.com/ARBenefits and click "Register Now"
2. Enter your member ID exactly as it appears on your member ID card, and your date of birth
3. Enter your email address and create your username and password



PHONE

You can also call UnitedHealthcare at [1-844-488-3953](tel:1-844-488-3953), TTY 711, 8 AM – 8 PM CST, Monday – Friday.

SPRING EDUCATION MEETINGS

Be on the lookout for an invitation to the Spring Education Meetings, which will be in late May and early June. UnitedHealthcare will host these virtual meetings, and you can expect your invitation to arrive in early May. These meetings will give you the opportunity to ask questions and learn more about the ARBenefits Group Medicare Advantage (PPO) plan designed exclusively for Arkansas State and Public School retirees.

HOW DOES \$50 SOUND?

LIVE HEALTHIER. START NOW.

Preventive care can help detect problems early when they may be more treatable. With your plan, you don't have to wait a year between your annual physical or wellness visits. We recommend that you schedule as soon as possible to get a time and day that fits your needs. And, you can combine your annual physical and wellness visits into a single, convenient appointment.

A PHYSICAL EXAM INCLUDES:

- Head to toe examination
- Blood sugar test
- Cholesterol test

A WELLNESS VISIT INCLUDES:

- Blood pressure check
- Height and weight measurement
- Body Mass Index (BMI) test

Schedule today and you're on your way to earn **at least \$50** in rewards.

1. Call your provider and schedule your annual physical or wellness visit.
2. Once completed, visit myuhcmedicare.com/retiree/rewards or call 1-844-488-3953, TTY 711, 8 AM – 8 PM CST, Monday – Friday, to report and earn **at least \$50** in rewards.

This reward only applies to getting an annual physical or wellness visit. To be eligible, your annual physical or wellness visit must be completed and reported by December 31, 2023.

UnitedHealthcare HouseCalls

HOUSECALLS IS ALL ABOUT YOU.

A HouseCalls visit is an optional in-home preventative care visit that is designed to support, but not take the place of, your regular doctor's care. Your visit focuses on your overall well-being and is intended to be an extra layer of care, providing you with valuable 1-on-1 time you don't always get in the doctor's office.

EVERY VISIT INCLUDES TAILORED RECOMMENDATIONS ON HEALTH CARE SCREENINGS AND A CHANCE TO:

- Receive education, prevention tips, and care
- Get advice and ask questions on how to manage your health conditions
- Review your current medications
- Help get referrals to other health services, and more

At the end of the visit, your health care practitioner will leave you with a health checklist. They will also send a summary to your primary care provider (PCP).

Earn a \$50 Visa Reward card when you complete your visit in 2023.

GET STARTED TODAY. SCHEDULE A VISIT.

Call [1-844-488-3953](tel:1-844-488-3953), TTY 711, 8 AM – 8 PM CST, Monday – Friday. You will receive an appointment reminder with tips to help you prepare for your visit.

You can also learn more about UnitedHealthcare HouseCalls and other programs available to you as an ARBenefits Group Medicare Advantage (PPO) member online at uhvirtualretiree.com/ARBenefits.

ARE YOU AT RISK OF LOSING YOUR ARBENEFITS COVERAGE?

Be aware that if you sign up for any Medicare Part C or Medicare Part D plans outside of the ARBenefits Group Medicare Advantage (PPO) plan, you will be terminated from the ARBenefits Group Medicare Advantage (PPO) plan and unable to re-enroll.

WELCOME DIRECTOR GRANT WALLACE!

Grant Wallace is the new Director of the Employee Benefits Division (EBD). Wallace has an extensive background in State government, working for then-Governor Mike Huckabee as the Deputy Director for the Arkansas and Washington, DC office. Most recently, he was the Chief Deputy Treasurer for former Treasurer and now Auditor Dennis Milligan.

Learn more about Director Wallace [HERE](#).

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**Need additional assistance?
We are here to help!**

www.TransformAR.gov/employee-benefits
Ask.EBD@arkansas.gov
877-815-1071