

ARBenefits Newsletter

Q4 | 2023 | Retiree

OPEN ENROLLMENT

Retiree Open Enrollment will be November 1 – November 30. You can select either the ARBenefits Group MAPD Plan with UnitedHealthcare or ARBenefits Premium with Health Advantage by filling out the Retiree Election Form and returning it to EBD by the end of November.

- Selecting a different Plan is the ONLY change that can be made during Retiree Open Enrollment.
- If you are pleased with your current plan, there is no need to fill out a new form.
- Before you cancel ANY medical insurance coverage or enroll in a different Medicare or Medicare Advantage Plan that ARBenefits does not offer, contact EBD at 1-877-815-1017. Once you cancel your enrollment from an ARBenefits Plan, you are not eligible to return to ARBenefits indefinitely.

UHC MEMBERS, DON'T LEAVE MONEY ON THE TABLE!

- Earn a \$50 Visa Reward Card when you complete your HouseCall visit in 2023.
- Complete your annual physical or Annual Wellness visit in 2023 to earn a \$50 reward.
- Earn \$10/month by Get Moving in 2024.
- \$40 credits are loaded to a prepaid card and account every quarter to use on over-the-counter (OTC) products.
- To learn more about these programs, visit retiree.uhc.com/arbenefts.

October is Breast Cancer Awareness Month!

Now is the time to schedule your annual mammogram and update yourself on the common breast cancer symptoms. Do monthly self-exams in front of the mirror, in the shower, or lying down.

Boosters & Vaccines

Cold and flu season is fast approaching! Make sure to get all your doctor-recommended boosters and vaccines to protect you from viruses such as the flu and RSV.

The Employee Benefits Division is now on Facebook!

Make sure to like and follow our Facebook page for important Employee Benefits information.

All information about retirees will have the signature orange on the post!

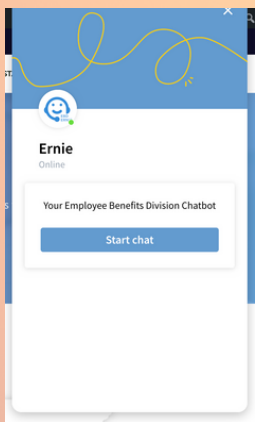
[FOLLOW EBD HERE](#)



FALL EDUCATION MEETINGS TO DISCUSS THE ARBENEFITS GROUP MEDICARE ADVANTAGE (PPO) PLAN

UnitedHealthcare will host virtual meetings in October to give you the opportunity to ask questions and learn more about the ARBenefits Group Medicare Advantage (PPO) plan designed exclusively for Arkansas State and Public-School retirees. These meetings will be held throughout the state so you can attend one near you.

You can find a list of meetings and register with this QR code!
To use, point your phone or tablet camera at the code, and click the pop-up link.



Do you have questions on where to find information on our webpage? EBD Ernie can help!

You can find EBD Ernie (the EBD chatbot) on the bottom right-hand side of the EBD webpage.



www.transform.ar.gov/employee-benefits

Follow the Department of Transformation and Shared Services on social media!



Questions? Contact us today!

Email: Ask.EBD@arkansas.gov
Member Services: 877-815-1017